

## FACIALS

Our luxurious Facial treatments begin with a rejuvenating Back Massage, followed by your choice of Facial treatment. Each Facial concludes with a Head, Neck & Shoulders Massage to surround you in a state of total bliss.

**Anti-Ageing** 90-minute treatment & 30-minute refreshments and relaxation Euro 130

*For Matured Skin*

For a firmer, visibly younger-looking appearance, this facial is a welcome change to reverse the signs of fatigue, wrinkles and fine lines. An acerola mask, rich in Vitamins A, B, C and E is used to restore new radiance to dull skin tones. Emerge from this treatment with brighter and younger-looking complexion.

**Banyan Cleansing** 90-minute treatment & 30-minute refreshments and relaxation Euro 130

*For All Skin Types*

This signature facial treatment works to rejuvenate and bring radiance back to the face, smoothening wrinkles and lines and improving skin elasticity. The skin looks youthful and silky smooth after the facial treatment.

**Nourishing** 90-minute treatment & 30-minute refreshments and relaxation Euro 130

*For Sensitive Skin*

Designed for sensitive or sun-exposed skin where exfoliation is not recommended, this soothing treatment protects and nourishes the skins. Delicate skin and skin exposed to harsh environmental conditions are revitalised.

**Purifying** 90-minute treatment & 30-minute refreshments and relaxation Euro 130

*For Oily Skin*

Indulge in this facial that helps to purify the skin while restoring equilibrium to it. An equilibrium purifying mask is used to reduce impurities in the upper epidermal layers and reduce facial shine. Your complexion will be radiant, fresh and healthy after this treat.

**Revitalising** 90-minute treatment & 30-minute refreshments and relaxation Euro 130

*For Matured / Dry Skin*

This deep hydration treatment has been specially developed to brighten the complexion, while bringing back exceptional radiance to the skin. A radiance mask is used to stimulate the skin, brightening and revitalising the face.

## BEAUTY TREATMENTS

### HAND & FOOT TREATMENTS

Treat your hands and feet to a session of pampering with treatments to cleanse, massage and moisturise, leaving them in tip top condition.

**Banyan Hand Basics** 90-minute treatment Euro 65

Keep your hands and nails in tip top condition as nails are cleaned, trimmed and shaped according to your preference, while the hands are scrubbed and conditioned. A relaxing Hand Massage completes the treatment before an application of nail polish or nail buff.

Apple & Green Tea Hand Bath • Kieffer Lime Scrub • Nail Maintenance • Kieffer Lime Mask • Hand Massage with Body Lotion • Nail Painting or Buffing

**Banyan Hand Deluxe** 120-minute treatment Euro 80

This is an intensive hand care treatment where a vitamin-enriched formula is used in the Scrub and Mask to restore suppleness and moisture. A Hand Massage follows to improve blood circulation and a Hand Paraffin Treatment brings softness and suppleness to the hands while the Head & Shoulders Massage heightens this pampering experience. Nail Painting or Buffing perfects the picture.

Apple & Green Tea Hand Bath • Vitamin-Enriched Soya Oatmeal Scrub • Nail Maintenance • Apple & Almond Hand Mask • Hand Massage with Vitamin E Cream • Hand Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing

**Banyan Foot Basics** 90-minute treatment Euro 65

Give your feet the attention that they deserve with this foot care routine. The feet are first given a Tea Tree Footbath to cleanse, deodorise and soften the skin before dead skin cells are buffed off. This is followed by a foot scrub and conditioning mask. Nails are cleansed, trimmed and shaped according to your preference. The treatment continues with a relaxing Foot Massage and ends with a neat application of nail polish or buff.

Tea Tree Footbath • Bergamot Caramel Foot Scrub • Nail Maintenance • Bergamot Oatmeal Mask • Foot Massage • Nail Painting or Buffing

## **Banyan Foot Deluxe**

120-minute treatment

Euro 80

This therapy is designed specially to provide relief to sore leg muscles resulting from extensive foot work. The foot care routine is followed by a Foot Massage using a menthol-based lotion and concentrating on the calves. After the massage, warm paraffin is applied to aid muscle relief and improve blood circulation. A relaxing Head & Shoulders Massage is given during the Paraffin Treatment. Your toes are given a healthy look with a neat application of nail polish or buff.

Tea Tree Footbath • Bergamot Caramel Foot Scrub • Nail Maintenance • Bergamot Oatmeal Mask • Foot Massage • Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing

## **BEAUTY TREATMENTS**

### **DEPILATORY WAXING**

Experience fast and effective waxing in the comfort of the Spa.

<b>Full Legs with Bikini Line</b>	Euro 44
<b>Half Legs</b>	Euro 24
<b>Bikini Line/Brazilian</b>	Euro 18
<b>Underarms</b>	Euro 12
<b>Eyebrow Shape</b>	Euro 10
<b>Lip</b>	Euro 10
<b>Manicure</b>	Euro 15
<b>Pedicure</b> normal	Euro 32
<b>Pedicure</b> w/ callus removal	Euro 36



## PLEASE TAKE A MOMENT TO READ THIS

**Etiquette:** To ensure that guests can enjoy the peaceful sanctuary of Banyan Tree Spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

**Gift Certificates:** Gift Certificates for our spa treatments are available. For more details, please contact our spa receptionist.

**Reservations:** Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking.

**Check In:** Please check in at the spa reception at least 15 minutes prior to your scheduled appointment to avoid reduced treatment times.

**Spa Treatment Hours:** The Spa opens from 08am to 8:30pm and the last treatment finishes at 20:30pm.

**Special Consideration:** Guests who have high blood pressure, heart conditions, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions.

**Dynamic Pool:** Minimum age for use of the Dynamic Pool: 16 years old, or 12 when accompanied by an adult.

**Smoking and Alcohol:** Smoking and consumption of alcohol within the Spa are prohibited.

**Valuables:** A box for valuables is provided in the treatment suites, but we recommend that no jewellery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

**Cancellation Policy:** A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show".

**Refund Policy:** Treatment packages and spa memberships are non-refundable, non-transferable or non-exchangeable.

**Payment:** We accept cash and all major credit cards. All prices are quoted in Euro and are inclusive of taxes. Prices are subject to change without prior notice.

**Spa Disclaimer:** The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa Estoril are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa Estoril, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

*Todas as sessões de Spa (à excepção dos tratamentos de beleza) incluem 30 minutos de repouso, incluindo um banho de relaxamento para os seus pés, uma bebida à base de ervas e pequeno lanche.*