

Menu

ARAB NIGHT

Mezze X Palácio Estoril Hotel

April 20, 2024

Welcome Cocktail

Canapes

Beef borek and pine nuts

(Stuffed filo pastry rolls)

(gluten, nuts)

Borek of onion, sumac and walnuts

(Stuffed filo pastry rolls)

(gluten, nuts)

Green Olive Fatayer

(Green olives, onion and oregano pie)

(gluten)

Khubz toast with labneh and paprika

(Pita bread toast)

(lactosis and glúten)

Khubz toast with labneh and zaatar

(Pita bread toast)

(lactosis, glitch and sesame)



PALÁCIO ESTORIL

HOTEL, GOLF & WELLNESS

Dinner

Tickets

Hummus

(chickpea paste with tahini)

(sesame)

Baba ganoush

(roasted aubergine and tomato paste with pomegranate molasses and walnuts)

(nuts)

Moutababal kossa

(Until curgete, iogurte and tahini)

(lactose and sesame)

Yalani

(vine leaves stuffed with rice, tomato and pomegranate molasses)

Khubz

(Pita bread, flatbread or pita - thin bread)

(gluten)

Olives

(marinated in olive oil, carrot and lemon)

Main Courses

Kefta bel laban

(Beef and lamb meatballs, with yogurt and tahini sauce, roasted potatoes and pine nuts)

(lactose, sesame and nut)

Freekeh with mushrooms, aubergine and peas

(Vegan option)



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(gluten)

Desserts

Knafeh

(Kadaif pastry threads with akawi cheese, pistachio and sugar syrup with orange blossom)

(gluten, lactose and nuts)

Petit fours

Chocolate cake and Arabic coffee

(Served with tahini caramel and cardamom crumble)

(glitter, lactosis, dried fruit, sesame and eggs)

Baklava

(pistachio-stuffed filo pastry rolls)

(gluten and nuts)

Maamoul

(Plain biscuit with spices – cardamom, anise, fennel and nutmeg)

(glazing, lactose)

Date brigadeiro

(Date paste and grated coconut)

Glossary

Khubz – Middle Eastern Flatbread

Labneh – Dry curdled yogurt

Sumac – Spice with an acidic and citrusy flavor

Tahini – Sesame Seed Paste

Freekeh - Cereal made from green wheat

Akawi – White, cow's cheese. When melted it becomes quite elastic

Kadaif – Pasta characterized by long, thin threads



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